

Join us for Fall Fun at **Rootz**

Dance, Theater & Music, Fitness & More!
Programs & Classes for Ages 0-18



VERNON HILLS
**GRAND
OPENING**
FALL 2025



Choose from Two Convenient Locations for Fall 2025:
7 Waukegan Road, Deerfield
656 Hawthorn Center, Vernon Hills
(224) 269-0004 • GetRootz.com

THEATER & MUSIC

BROADWAY & ME (STAGES)

Each week, little Broadway fans and caregivers are introduced to exciting new songs, characters, and stories as Broadway Musicals are brought to life by a team of professional teaching artists. Each class features a different Broadway show and incorporates activities that are designed to support your little one's physical, cognitive, social-emotional, and language development while offering individualized attention and encouragement!

BROADWAY TOTS

This introduction to theater is great for our littlest actors, as we sing, dance, act and most importantly, have fun learning new skills about ourselves and our "cast" of friends in class! Through improv games and imaginative play, we pretend to be different characters, and we will even perform a short medley of songs at the end of the session with a Wizard of Oz theme on the Rootz stage.

BROADWAY BOUND

Using teamwork, theater games, technique exercises and imaginative play, we will work together to create a mini-musical for our families at the end of the session with a Wizard of Oz theme on the Rootz stage.



BROADWAY STARS

In this introduction to musical theater, students will learn the basic principles of theater to develop confidence both onstage and off. Through instruction and collaboration, Broadway Stars teaches children about the process of theater as well as creating a final production. The final product is a 30-40 minute Broadway Junior musical. Join us this Fall for the Wizard of Oz: Youth Edition. Each cast will have a final performance at Christian Heritage in Northfield the weekend of 12/6-12/7 (Deerfield casts) and 12/12-12/14 (Vernon Hills casts). Tickets will be available for purchase for family and friends to watch the performance. Specific date and time TBA.

IMPROV

Improvisation is the art of acting without a script. This class will introduce kids to the basics of performing and help develop self-confidence on and off stage. We offer a supportive, fun environment so children can learn to express themselves through verbal communication and physical expression. Class will culminate with an end of session performance on the Rootz stage for friends and family.



JAMBERRY MUSIC

In this class, you and your little one will bond with each other and make new friends while we sing, dance, play, pretend and experiment with instruments.

JR. PLAYERS MUSICAL REVUE: WICKED THEME

Students will have the chance to explore a wide variety of musicals. Our Fall show theme is Wicked. Junior Players will work on technique, stage presence, and selling a song as they sing and dance their way through some of Broadway's best! Each session will conclude with a musical revue showcase on the Rootz stage featuring different musical numbers. Junior Players is a wonderful way to build ensemble, and also gives each student a chance to shine onstage with plenty of solo and small group opportunities.

SHOW CHOIR: ROOTZ ROCKAPELLA

Students will have the chance to be part of a singing and dancing performance group. Working with a music director and choreographer, students will learn showtunes, jazz standards and even pop songs for an end of session performance on the Rootz stage.

MUSIC

Rootz DEERFIELD									
CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Broadway & Me (Stages)	0-3 years	Fall 2025	9:30-10:15am 10:30-11:15am						
Jamberry Music	6 months - 5 years	Fall 2025			9:30-10:15am 10:30-11:15am				
Show Choir: Rootz Rockapella	Grade K-3	Fall 2025	3:50-4:50pm						
Rootz VERNON HILLS									
CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Broadway & Me (Stages)	0-3 years	Fall 2025							10:30-11:15am 11:30am-12:15pm

THEATER COMPANY

Theater Company is an advanced audition-only musical theater program for actors ready for a more robust production. This progression from Broadway Stars provides an in-depth experience with acting, voice and movement, characterization and general performance skills. Join us this Fall for the Wizard of Oz: Youth Edition. Each cast will have a final performance at Christian Heritage in Northfield the weekend of 12/5 (Deerfield casts) and 12/14 (Vernon Hills cast). Tickets will be available for purchase for family and friends to watch the performance. Specific time TBA.

THEATER CREW CLUB

Students interested in the behind the scenes aspects of theater will have a stage crew experience. Throughout the session, our crew club will brainstorm, design and create props, help to determine costumes, build set pieces, and learn what it takes to put on a show. Once it is time to bring our shows to the stage, Crew Club members become actively involved in both tech rehearsals and performances acting as prop masters, stagehands behind the scenes, costume assistants for quick changes, microphone assistants, house crew and more. While it is not mandatory, we ask that our Crew Club members attend as many tech rehearsals and performances their schedules allow. Specific days and times TBA.

Rootz THEATER COMPANY

(Grades 4-8)

Audition Required.

Auditions:

May 19, 20 or 21

Missed your chance to audition?
Contact Lisa at info@getrootz.com



THEATER

Rootz DEERFIELD

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Broadway Tots	3-4 years	Fall 2025	10:30-11:15am 1:05-1:50pm	10:30-11:15am 2:00-2:45pm			2:00-2:45pm	9:00-9:45am	
Broadway Bound	Grade Pre K - K	Fall 2025	2:00-2:50pm	1:00-1:50pm 3:50-4:40pm	1:00-1:50pm 3:00-3:50pm	2:00-2:50pm	1:00-1:50pm	10:00-10:50am	9:00-9:50am 10:00-10:50am
Broadway Stars	Grade 1-3	Fall 2025	5:00-6:30pm	5:00-6:30pm	4:00-5:30pm	5:00-6:30pm	4:00-5:30pm	11:00am-12:30pm	
Theater Company	Grade 4-8	2025/2026 School Year			5:45-7:30pm	6:45-8:30pm			
Improv	Grade 2+	Fall 2025	6:45-7:45pm						
Theater Crew Club	Grade 3+	Fall 2025		6:45-8:00pm					
Jr. Players Musical Revue: Wicked Theme	Grade 1-4	Fall 2025				3:50-4:50pm			

Rootz VERNON HILLS

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Broadway Tots	3-4 years	Fall 2025	2:00-2:45pm		1:05-1:50pm	1:05-1:50pm	2:00-2:45pm	10:45am	9:15-10:00am
Broadway Bound	Grade Pre K - K	Fall 2025	1:00-1:50pm 3:50-4:40pm	2:00-2:50pm 3:50-4:40pm	2:00-2:50pm	2:00-2:50pm	1:00-1:50pm	9:00-9:50am	10:10-11:00am
Broadway Stars	Grade 1-3	Fall 2025		5:00-6:30pm	4:00-5:30pm	4:00-5:30pm			
Theater Company	Grade 4-8	2025/2026 School Year	5:15-7:00pm						
Improv	Grade 2+	Fall 2025		6:45-7:45pm				12:15-1:15pm	
Jr. Players Musical Revue: Wicked Theme	Grade 1-4	Fall 2025			5:45-6:45pm	5:45-6:45pm	4:00-5:00pm	11:00am-12:00pm	

FITNESS



ACRO FOR DANCERS

This recreational class is designed to focus on flexibility and strength while also learning important skills such as front/back walkovers, different variations of cartwheels, leaps, handstands and more all with seamless movements allowing for graceful motions that are incorporated into choreography.

CHEERLEADING

This recreational class is designed for participants who want to learn about the sport and how to execute all elements of cheer. Cheer will focus on the basics including team building, motions, jumps, stunting and executing technique.

GYM JAM

This parent and child class has options for every stage of your child's development.

CRAWLERS: This class is aimed towards our crawlers, ages 6-12 months. Join us for a 30 minute class, incorporating familiar songs and music, play, and exploration in our gymnasium!

WALKERS: Geared to our little ones, this class is aimed for our "early walkers", ages 12-18 months. Join us for a 30 minute jam-packed class where the child and loved one together will explore play structures, while enjoying music, tumbling, and more!

RUNNERS: Join us for a 45 minute class full of fun while simultaneously exploring basic tumbling skills, and building strength and flexibility. The suggested age for this class is 1.5-2.5, or when they are fully on the move!



PULSE FITNESS: MINI NINJA WARRIORS

A high energy fitness based class designed to challenge and empower our youngest warriors, our mini ninja warriors enjoy obstacle courses, relay races, noodle wars, fitness challenges and more. We teach kids foundational movement patterns including squats, planks and push ups while also challenging our warriors with fitness abilities such as speed, power and balance.

STRETCH-N-GROW FUNTASTIC FITNESS (PARENT & CHILD)

Come burn off some of that toddler energy in this theme based movement class. Each week your child will be working on their gross motor skills using colorful age-appropriate equipment and up-beat music. Running, jumping, balancing, galloping and throwing are just some of the skills we focus on.

STRETCH & FLEX

This conditioning class focuses on overall body awareness through flexibility enhancement, core strengthening, improving range of motion and understanding injury prevention that when all combined, encourage body readiness for acro skills.

TUMBLING

No matter your skill level, we have a class for you!

TUMBLING TOTS & TUMBLING:

Students will work on emerging gymnastics skills in an energetic and creative environment. This class is a wonderful place to build strength and flexibility while having fun and learning cool new acrobatic skills.

BEGINNER: In this class participants will become familiar with the basic skills of floor, such as bridges, back bends, head/handstands, cartwheels/roundoffs, front/back rolls and more.

INTERMEDIATE: To qualify for this level, your child must be able to execute a clean cartwheel, roundoff, handstand and back bend (going down to bridge from standing position) unassisted. In this class, participants will be introduced to more advanced skills such as front/back walkovers and front/back handsprings.

ADVANCED INTERMEDIATE:

To qualify for this class, your child must be able to execute both a front/back walkover on floor unassisted (no spot) and front/back handspring with minimal assistance. In this class, participants will be introduced to more advanced skills such as mastering front/back handsprings and running tumbling.

ADVANCED: To qualify for this class, your child must be able to execute a standing back handspring unassisted, front handspring unassisted and a roundoff back handspring unassisted. In this class, participants will learn more advanced skills such as front/back tucks and cross floor sequence tumbling.



YOGA

Join us for a supportive, fun-loving, and active yoga class for children. We will explore breathing techniques and yoga poses through creative storytelling, playful exercises, and fun music.

YOGA BY MOVEMENT JUNKIES

Join us on a yoga journey that your child will never forget! We will use breathing techniques, learn yoga poses, increase flexibility and strength, develop coordination, and explore relaxation tools.



FITNESS

Rootz DEERFIELD									
CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Cheerleading	4-6 years	Fall 2025		4:00-4:50pm		4:00-4:50pm			1:50-2:40pm
	Grade K-2	Fall 2025			3:00-3:55pm			3:05-4:00pm	12:45-1:45pm
	Grade 1-4	Fall 2025	4:00-4:55pm						
Gym Jam: Crawlers	6-12 months	Fall 2025			11:30am-12:00pm				
Gym Jam: Walkers	12-18 months	Fall 2025	10:30-11:00am				9:45-10:15am		
Gym Jam: Runners	1.5-2.5 years	Fall 2025	9:30-10:15am		10:30-11:15am	9:30-10:15am			
Pulse Fitness: Mini Ninja Warriors	3.5-6 years	Fall 2025						9:00-10:00am	9:00-10:00am
	Grade K-3	Fall 2025						10:00-11:00am	
Stretch-N-Grow FUNtastic Fitness (Parent & Child)	1.5-3 years	Fall 2025		9:30-10:15am					
Tumbling Tots	2.5-3.5 years	Fall 2025		10:30-11:15am					
Tumbling	3-4.5 years	Fall 2025	1:00-1:50pm	1:00-1:50pm		10:30-11:20am	10:30-11:20am		
	3.5-5 years	Fall 2025	2:00-2:50pm	2:00-2:50pm	9:30-10:20am	1:00-1:50pm	1:00-1:50pm	2:10-3:00pm	
Tumbling I (Beginner)	Grade K-2	Fall 2025			4:00-4:55pm	5:00-5:55pm		1:00-2:00pm	10:30-11:30am
Tumbling II (Intermediate)	Grade 1+	Fall 2025	6:35-7:30pm			6:00-6:55pm			11:35am-12:30pm
Tumbling III (Advanced Intermediate)	Grade 2+	Fall 2025	7:35-8:30pm		6:45-7:45pm				
Tumbling IV (Advanced)	Grade 3+	Fall 2025				7:00-8:00pm			
Yoga by Movement Junkies	Grade Pre K-3	Fall 2025	4:15-5:15pm		4:00-5:00pm				

TURN PAGE FOR
FITNESS CLASSES
AT
Rootz
VERNON HILLS

FITNESS



FITNESS

RooTz VERNON HILLS

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Acro for Dancers	Grade 1+	Fall 2025	4:00-5:00pm					12:00-1:00pm	
Cheerleading	4-6 years	Fall 2025					4:00-4:50pm		12:40-1:30pm
	Grade K-2	Fall 2025		5:00-6:00pm				9:45-10:45am	
	Grade 1-3	Fall 2025	5:00-6:00pm						
Gym Jam: Crawlers	6-12 months	Fall 2025					11:15-11:45am		
Gym Jam: Walkers	12-18 months	Fall 2025					10:30-11:00am		
Gym Jam: Runners	1.5-2.5 years	Fall 2025				10:30-11:15am	9:30-10:15am		
Parent & Child Yoga	1-3 years	Fall 2025	9:30-10:15am	10:30-11:15am					
Stretch & Flex	Grade 1-4	Fall 2025						10:00-11:00am	
Stretch-N-Grow FUNtastic Fitness (Parent & Child)	1.5-3 years	Fall 2025			9:30-10:15am				
Tumbling Tots	2.5-3.5 years	Fall 2025			10:30-11:15am	9:30-10:15am			
Tumbling	3-4.5 years	Fall 2025	1:00-1:50pm	2:00-2:50pm	2:00-2:50pm	1:00-1:50pm	2:00-2:50pm		
	3.5-5 years	Fall 2025	2:00-2:50pm	1:00-1:50pm	1:00-1:50pm	2:00-2:50pm	1:00-1:50pm	2:10-3:00pm	
Tumbling I (Beginner)	4-6 years	Fall 2025						1:10-2:00pm	
Yoga	3-5 years	Fall 2025	10:30-11:20am	9:30-10:20am					
	Grade Pre K-2	Fall 2025		4:15-5:15pm					



BALLET

The class is structured for the beginner, but will also be a technique refresher and strengthening class for those with previous experience. Ballet will give you poise and strength while toning your muscles and learning technique.

BALLET/ACRO

This combination class will include 45 minutes of ballet technique and 45 minutes of acrobatics each week.

INTERMEDIATE: This class is for students with intermediate experience that can execute a clean cartwheel, handstand and bridge.

ADVANCED: This class is for students with advanced experience that can execute a clean walkover, aerial and feel comfortable working on a handspring.

BOLLYWOOD DANCE

Class will have your kids rocking away to a fun Bollywood song. Dancers will learn about posture, mudras (hand gestures), and how to tell a story through dance.

CHEERLEADING

This class will work on all the elements of cheer: jumps, stunting, team building and basic tumbling. Participants will learn a routine that will be performed in our end of the year recital!

CONTEMPORARY

Students will learn to tell a story through dance. Contemporary dance is comprised of jazz and ballet technique connecting the mind and body through movement.



CORE CONDITIONING

Dancers work on the fundamentals of technique, including strengthening, flexibility and stamina which is needed at the competitive level. We will work on proper form in their turns and leaps and more to properly build development of progressively advanced steps. Additionally, we will work on acro skills to enhance agility, strength, and to help incorporate tricks into choreography gracefully.

DISNEY DANCE

Disney fans will learn new moves to their favorite songs. Come sing along with us as we dance to our favorite Disney tunes!

ERAS EXPERIENCE

Get ready to shake it off in your own Eras tour experience in this Taylor Swift themed dance class of your child's wildest dreams! Your dancer will remember it all too well, and there will be no blank space to fill as we have so much fun and learn gorgeous dance moves!

HIP HOP

Students will learn movements that have elements of poppin', locking, and breaking, as well as freestyle movement to give students the opportunity to develop their own sense of style.

HIP HOP TRICKS

Dancers will work on isolations, control and resistance while finding texture and levels in their movement. Dancers will also progress towards safely learning how to do baby freezes, headstands and more!

JAZZ

Students will focus on learning proper jazz technique such as battements, pirouettes and leaps! Dancers will gain flexibility while enhancing core strength as well as improving performance quality.

KIDZ BOP

Set to the tune of the popular Kidz Bop series of music, students will learn beginning jazz and hip hop techniques and routines.

LYRICAL

This expressive form of dance blends ballet, jazz, and modern. Lyrical dance includes dramatic content and emotional expression.

MUSICAL THEATER DANCE

Perfect for students who love to perform, we emphasize telling a story through dance using music from shows.

PARENT & CHILD BALLET

Parents and toddlers come ready to dance as we warm up together, pretend to be princes and princesses, build strength and flexibility, and learn very basic dance vocabulary. This class is a great precursor to our Princess Ballet classes.

PARENT & CHILD DANCE

Join us for a high energy class full of creative movement and music. This class uses elements of dance to stimulate coordination, balance, music interpretation, motor development, and creative movement.

POINTE I

Students will begin to work on pointe and strengthen their technical abilities and ballet terminology. We focus on proper spine alignment, turn out from the hips, strong ankle strength, proper foot-pointing technique, and balance. Students will have a ballet class structure, including combinations at the barre and in the center to increase strength and practice balance. All students must have teacher approval if they wish to go en pointe.

DANCE



POMS

A movement based class that focuses on sharp arm movements, execution of choreographic visuals and skills performed with high energy.

PRE-POINTE BALLET

Students begin preparing the legs and feet for pointe work through a combination of pre-pointe appropriate exercises and ballet technique. This class requires that students are prepared physically and technically so students can focus on strengthening their feet, ankles, core, and back. Prerequisite: 2-3 years of ballet training and must pass the audition or be invited to enroll.

PRINCESS BALLET

Students will enhance their balance & poise as well as hand/feet coordination through basic ballet skills. This magical ballet class is full of imagery, fun and musical rhythms. Join us in this princess inspired class as we use stories and props to create a fun and engaging dance experience.

TAP

This class is a great introductory to rhythm, tempo and musicality of tap basics.

TEEN TECHNIQUE

For the serious student who wants to increase their dance training, this class will boost their contemporary and jazz technique.

TOT HOP

Dancers will learn fun pre-hip hop moves and combinations, performed to their favorite music.

TRANSITIONAL 2'S BALLET

Loved ones and toddlers attend together as they stretch, use props as they dance and learn basic ballet vocabulary. As the session progresses, little ones will begin to execute sections of the class independently. In January, loved ones transition out of the class completely and the little ones will enjoy the Princess Ballet class for the remainder of the school year.

TUTUS & TENNIS SHOES

Young dancers learn a basic introduction to ballet technique as well as freestyle hip hop.

EARLY CHILDHOOD DANCE (SESSION CLASSES: NON-RECITAL)

Rootz DEERFIELD

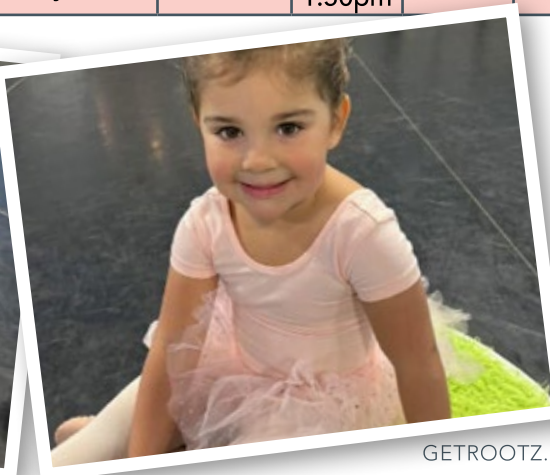
CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Ballet & Tap	3.5-5 years	Fall 2025						12:30-1:20pm	
Boys Hip Hop	3.5-5 years	Fall 2025			4:10-5:00pm			11:00-11:50am	
Disney Dance	3-4.5 years	Fall 2025	2:00-2:50pm	9:30-10:20am	1:00-1:50pm	9:30-10:20am			1:00-1:50pm
Eras Experience	3-4.5 years	Fall 2025	1:00-1:50pm	2:00-2:50pm	10:30-11:20am	1:00-1:50pm		10:00-10:50am	
Hip Hop	4-6 years	Fall 2025							10:00-10:50am
Kidz Bop	3-4.5 years	Fall 2025		1:00-1:50pm		2:00-2:50pm	2:00-2:50pm		
Parent & Child Ballet	1.5-2.5 years	Fall 2025	9:30-10:00am	10:30-11:00am		10:30-11:00am	9:20-9:50am	9:00-9:30am	9:35-10:05am
Parent & Child Dance	1.5-2.5 years	Fall 2025	10:30-11:00am	9:30-10:00am	9:30-10:00am	9:30-10:00am	9:55-10:25am	9:35-10:05am	9:00-9:30am
Princess Ballet	2.5-3.5 years	Fall 2025	9:30-10:15am	9:30-10:15am	9:30-10:15am	10:30-11:15am	9:20-10:05am	9:30-10:15am	10:00-10:45am
									11:00-11:45am
Tot Hop	2.5-3.5 years	Fall 2025	10:30-11:15am	10:30-11:15am		9:30-10:15am	10:20-11:05am	9:00-9:45am	9:00-9:45am
Transitional 2's Ballet	2-3.5 years	2025/2026 School Year					10:30-11:15am		
Tutus & Tennis Shoes	3-4.5 years	Fall 2025					1:00-1:50pm		9:00-9:50am
									11:00-11:50am



EARLY CHILDHOOD DANCE (SESSION CLASSES: NON-RECITAL)

Rootz VERNON HILLS

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Ballet & Hip Hop	3.5-5 years	Fall 2025			1:00-1:50pm		10:30-11:20am		
Ballet & Jazz	3.5-5 years	Fall 2025		2:00-2:50pm					11:30am-12:20pm
Ballet & Tap	3.5-5 years	Fall 2025	2:00-2:50pm				2:00-2:50pm		10:15-11:05am
Boys Hip Hop	4-6 years	Fall 2025		3:55-4:45pm					11:10am-12:00pm
Disney Dance	3-4.5 years	Fall 2025	9:30-10:20am	10:30-11:20am					9:10-10:00am
Eras Experience	3-4.5 years	Fall 2025		1:00-1:50pm				10:10-11:00am	
Hip Hop	4-6 years	Fall 2025			5:00-5:50pm				
Hip Hop & Jazz	3.5-5 years	Fall 2025				1:00-1:50pm			
Hip Hop & Poms	3-4.5 years	Fall 2025			2:00-2:50pm	10:30-11:20am	1:00-1:50pm		
	3.5-5 years	Fall 2025	1:00-1:50pm	1:00-1:50pm					
	4-6 years	Fall 2025			3:50-4:40pm			11:00-11:50am	
Kidz Bop	3-4.5 years	Fall 2025		2:00-2:50pm		9:30-10:20am			10:30-11:20am
Parent & Child Ballet	1.5-2.5 years	Fall 2025		10:30-11:00am	9:30-10:00am	9:30-10:00am		10:15-10:45am	9:15-9:45am
Parent & Child Dance	1.5-2.5 years	Fall 2025	10:30-11:00am	9:30-10:00am	10:30-11:00am			9:15-9:45am	10:15-10:45am
Princess Ballet	2.5-3.5 years	Fall 2025	10:30-11:15am		9:30-10:15am	10:30-11:15am	9:30-10:15am	9:15-10:00am	10:15-11:00am
Tot Hop	2.5-3.5 years	Fall 2025	9:30-10:15am	9:30-10:15am	10:30-11:15am			10:15-11:00am	9:15-10:00am
Tutus & Tennis Shoes	3-4.5 years	Fall 2025	1:00-1:50pm				2:00-2:50pm		



Combination classes split instruction between each genre to give dancers a terrific base and fantastic exposure to various types of dance and movement.

DANCE



YOUTH AND TEEN DANCE (SESSION CLASSES: NON-RECITAL)

Rootz DEERFIELD

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
All Around Dance Technique (Hip Hop, Jazz, Lyrical)	Grade 3-5	Fall 2025						12:15-1:15pm	12:15-1:15pm
Ballet	Grade 5+	Fall 2025						1:00-2:00pm	
Ballet & Hip Hop	Grade K-2	Fall 2025						11:00am-12:00pm	9:30-10:30am
Ballet & Tap	Grade K-2	Fall 2025				4:00-5:00pm			
Ballet/Acro I (Beginners)	Grade 1+	2025/2026 School Year						11:15am-12:45pm	
Ballet/Acro II (Intermediate)	Grade 1+	2025/2026 School Year	5:00-6:30pm					11:15am-12:45pm	
Ballet/Acro III (Advanced)	Grade 4+	2025/2026 School Year	5:00-6:30pm						
Contemporary	Grade 5+	Fall 2025			7:00-8:00pm				
Hip Hop	Grade 3-5	Fall 2025							1:00-2:00pm
	Grade 4-8	Fall 2025			6:30-7:30pm				
	Grade 5+	Fall 2025	6:30-7:30pm						
Hip Hop & Jazz	Grade K-2	Fall 2025						1:45-2:45pm	11:45am-12:45pm
Hip Hop & Poms	Grade K-2	Fall 2025							10:15-11:15am
	Grade 1-3	Fall 2025			3:00-3:55pm				
Hip Hop Tricks	Grade 1-3	Fall 2025				5:30-6:30pm			
Pointe I	Grade 8+	2025/2026 School Year	7:30-8:30pm						
Pre-Pointe Ballet	Grade 6+	2025/2026 School Year	6:30-7:30pm						
Pre-Teen Technique	Grade 4-8	Fall 2025	7:30-8:30pm						
Core Conditioning	Grade 2-5	2025/2026 School Year		4:00-5:00pm					
	Grade 6+	2025/2026 School Year	6:30-7:30pm						



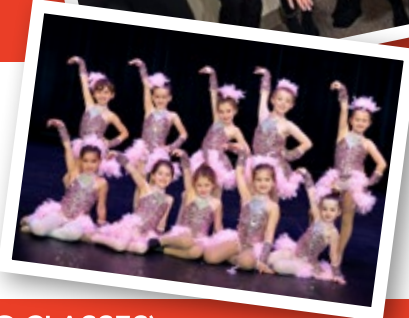
YOUTH AND TEEN DANCE (SESSION CLASSES: NON-RECITAL)

Rootz VERNON HILLS

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
All Around Dance Technique (Hip Hop, Jazz, Lyrical)	Grade 1-3	Fall 2025		6:00-7:00pm	3:55-4:55pm				12:30-1:30pm
	Grade 3-5	Fall 2025	5:00-6:00pm			4:15-5:15pm			
Ballet	Grade 1-3	Fall 2025				5:15-6:15pm			
Ballet & Hip Hop	Grade K-2	Fall 2025	3:55-4:55pm	4:00-5:00pm				1:30-2:30pm	
	Grade 1-3	Fall 2025				5:00-6:00pm		10:45-11:45am	
Ballet & Tap	Grade K-2	Fall 2025		5:00-6:00pm					
Bollywood Dance	Grade K-2	Fall 2025						12:00-1:00pm	
	Grade 2-5	Fall 2025						1:00-2:00pm	
Boys Hip Hop	Grade K-2	Fall 2025							9:10-10:10am
Contemporary	Grade 3-6	Fall 2025		6:30-7:30pm					
	Grade 4-8	Fall 2025				6:00-7:00pm			
Hip Hop	Grade 1-3	Fall 2025							11:00am-12:00pm
	Grade 3-5	Fall 2025			5:00-6:00pm				12:30-1:30pm
	Grade 4-8	Fall 2025	6:00-7:00pm			5:30-6:30pm		1:45-2:45pm	
	Grade 8+	Fall 2025							12:30-1:30pm
Hip Hop & Jazz	Grade K-2	Fall 2025					4:00-5:00pm	9:00-10:00am	
Hip Hop & Lyrical	Grade 1-3	Fall 2025				4:00-5:00pm			
Hip Hop & Poms	Grade K-2	Fall 2025						11:15am-12:15pm	11:30am-12:30pm
	Grade 1-3	Fall 2025	4:15-5:15pm						
Jazz & Tap	Grade 1-3	Fall 2025		5:15-6:15pm				12:15-1:15pm	
Lyrical	Grade 2-4	Fall 2025			6:00-7:00pm				
	Grade 3-5	Fall 2025	6:00-7:00pm						
Pre-Teen Technique	Grade 4-8	Fall 2025	5:30-6:30pm	6:30-7:30pm	5:15-6:15pm			12:00-1:00pm	
Tap	Grade K-2	Fall 2025	5:00-6:00pm						12:00-1:00pm
Teen Technique	Grade 8+	Fall 2025			6:15-7:15pm				



RELEVÉ DANCE



DANCE RECITAL PROGRAM (YEAR-LONG CLASSES)

Rootz DEERFIELD

Join Relevé Dance, our dance program.

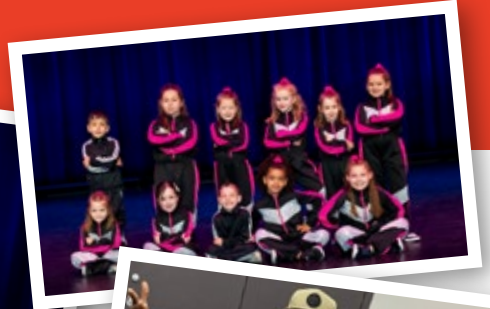
Recital Classes Run During the 2025-2026 School Year.

Multi-genre classes will spend the Fall learning technique as well as both genres of dance.

Throughout the Winter and Spring, each recital class learns a dance routine which will be presented in costume at our end of year recital on Sunday, May 17, 2026 at the Genesee Theater in Waukegan.

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Ballet & Hip Hop	3.5-5 years	2025/2026 School Year	1:00-1:50pm		10:30-11:15am				9:30-10:20am
	4-6 years	2025/2026 School Year				4:10-5:00pm			
	Grade K-2	2025/2026 School Year	4:00-5:00pm						
Ballet & Jazz	3.5-5 years	2025/2026 School Year							12:00-12:50pm
Ballet & Tap	3.5-5 years	2025/2026 School Year		4:10-5:00pm				9:30-10:20am	
	4-6 years	2025/2026 School Year							11:00-11:50am
Cheerleading	4-6 years	2025/2026 School Year					2:00-2:50pm	9:30-10:20am	
	Grade K-2	2025/2026 School Year			5:00-6:00pm				
Hip Hop	4-6 years	2025/2026 School Year						11:00-11:50am	
Hip Hop & Jazz	3.5-5 years	2025/2026 School Year		1:00-1:50pm					
	Grade K-2	2025/2026 School Year		3:55-4:55pm	3:00-3:55pm				
Hip Hop & Lyrical	Grade 1-3	2025/2026 School Year			4:00-4:55pm				
Hip Hop & Poms	3.5-5 years	2025/2026 School Year				1:00-1:50pm	1:00-1:50pm		
	Grade 1-3	2025/2026 School Year	3:55-4:55pm			3:55-4:55pm			
Hip Hop: Boys	4-6 years	2025/2026 School Year						12:45-1:35pm	
	Grade K-2	2025/2026 School Year				3:55-4:55pm			

RECITAL PROGRAM



DANCE RECITAL PROGRAM (YEAR-LONG CLASSES)

Rootz VERNON HILLS

Join Relevé Dance, our dance program.

Recital Classes Run During the 2025-2026 School Year.

Each recital class learns a dance routine in the Fall which will be performed in costume as part of our Nutcracker Performance on Sunday, December 14 at Christian Heritage Academy in Northfield.

Each recital class will also learn a separate dance routine over the course of the Winter and Spring which will be performed in costume at our end of year recital on Sunday, May 17, 2026 at the Genesee Theater in Waukegan.

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Ballet	3.5-5 years	2025/2026 School Year		4:10-5:00pm					
	Grade 3-5	2025/2026 School Year						12:45-1:45pm	
Boys Hip Hop	Grade 1-3	2025/2026 School Year			4:00-5:00pm				
Hip Hop	Grade K-2	2025/2026 School Year				4:00-5:00pm			
Jazz	3.5-5 years	2025/2026 School Year				4:10-5:00pm			
	Grade K-2	2025/2026 School Year	3:55-4:55pm						
	Grade 1-3	2025/2026 School Year						1:00-2:00pm	
Lyrical	Grade 1-3	2025/2026 School Year		4:00-5:00pm					
	Grade 3-5	2025/2026 School Year	4:00-5:00pm						
Musical Theater Dance	Grade 5+	2025/2026 School Year		6:00-7:00pm					
Tap	Grade K-2	2025/2026 School Year			4:00-5:00pm				

DANCE COMPANY

The Relevé Dance and Cheer Company by Rootz strives to provide quality training in a nurturing environment. The program is designed to give dancers and cheerleaders in 1st grade and up the chance to perform at local venues. Dancers in 2nd grade and up have the chance to compete in addition to perform!

RELEVÉ CHEER

Cheer Performance
TEAM TRYOUTS
(Entering Grade 1+)

May 27

Missed your chance to audition?
Contact Andrea at andrea.shekhter@getrootz.com



PERFORMANCE TEAMS: GRADE 1 AND UP

Performance teams are for dancers or cheerleaders that are looking to develop their skills and showcase for their friends and family. Teams will perform (four times a year) from January through May at various venues near Rootz. Performances in the past include: Chicago Bulls Game, Hawthorn Mall, Christian Heritage Academy, Great America and the Genesee Theater.

PERFORMANCE TEAMS

Rootz DEERFIELD

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Performance - Cheer	Grade 1+	2025/2026 School Year		5:00-6:30pm	5:00-6:30pm		4:00-5:30pm		
				6:30-8:00pm	7:00-9:00pm				
Performance - Hip Hop	Grade 1-3	2025/2026 School Year	4:00-5:30pm		5:00-6:30pm				
	Grade 3-6	2025/2026 School Year					4:00-5:30pm		
Performance - Hip Hop Boys	Grade 1-3	2025/2026 School Year		4:00-5:00pm					
Performance - Jazz	Grade 1+	2025/2026 School Year				4:00-5:30pm			
Performance - Lyrical	Grade 1+	2025/2026 School Year		4:00-5:30pm					
	Grade 3+	2025/2026 School Year			5:00-6:30pm				

Rootz VERNON HILLS

CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Performance - Hip Hop	Grade 1-3	2025/2026 School Year		5:00-6:30pm					
Performance - Jazz	Grade 1+	2025/2026 School Year				5:00-6:30pm			
Performance - Lyrical	Grade 1+	2025/2026 School Year			5:00-6:30pm				



**RELEVÉ
DANCE**
COMPANY AUDITIONS
Performance Teams: Grade 1 and Up
Competition Teams: Grade 2 and Up
May 19-22
Missed your chance to audition?
Contact Lexie at lexie.vanskyock@getrootz.com

COMPETITION TEAMS: GRADE 2 AND UP

Competition Teams are a serious commitment that allows the dancer to perfect their craft. Teams rehearse weekly over the course of the school year to prepare for three competitions as well as two performances at local venues such as Chicago Bulls Game, Christian Heritage Academy and our year-end recital at Genesee Theater. Due to the competitive nature, the Competition Program is by audition only and not all dancers will be accepted.

COMPETITION TEAMS

RootZ DEERFIELD									
CLASS	AGES/GRADES	SESSION	MON	TUE	WED	THU	FRI	SAT	SUN
Competition - Core Premier	Grade 2+	2025/2026 School Year	M & W 4:00-6:00pm		M & W 4:00-6:00pm				
Competition - Core Stars	Grade 2+	2025/2026 School Year		Tu & Th 5:00-7:00pm		Tu & Th 5:00-7:00pm			
Competition - Core Diamonds	Grade 4+	2025/2026 School Year		Tu & Th 5:30-7:30pm		Tu & Th 5:30-7:30pm			
Competition - Core Icons	Grade 4+	2025/2026 School Year		Tu & Th 5:30-7:30pm		Tu & Th 5:30-7:30pm			
Competition - Core Prestige	Grade 6+	2025/2026 School Year		Tu & Th 6:30-8:30pm		Tu & Th 6:30-8:30pm			
Competition - Elite	Grade 9+	2025/2026 School Year		8:00-9:00pm					
Competition - Hip Hop	Grade 3+	2025/2026 School Year	5:30-7:30pm						
	Grade 5+	2025/2026 School Year	5:30-7:30pm						
Competition - Hip Hop Boys	Grade 3+	2025/2026 School Year		5:00-6:30pm					
Competition - Lyrical	Grade 3+	2025/2026 School Year			6:00-8:00pm				
Competition - Musical Theater	Grade 3+	2025/2026 School Year				7:00-9:00pm			

IMPORTANT 2025-2026 DATES AT



Fall Session:

(Deerfield) August 18 - December 19, 2025
(Vernon Hills) September 2 - December 19, 2025

Monday, August 18	Fall Session Begins- Rootz Deerfield
Monday, September 1	Rootz Closed
Tuesday, September 2	Fall Session Begins- Rootz Vernon Hills
Friday, October 31	Rootz Closes Early (No Classes after 3pm)
Wednesday, November 26 - Sunday, November 30	Rootz Closed
Friday, December 19	Fall Session Ends
Winter Break: December 20 – January 4, 2026 (No Regular Classes)	

AUGUST						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Winter Session (DF & VH): January 5 – March 20, 2026

Monday, January 5	Winter Session Begins
Friday, March 20	Winter Session Ends (No classes Saturday or Sunday this week)
Spring Break: March 21 – March 29, 2026 (No Regular Classes)	

JANUARY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FEBRUARY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Spring Session (DF & VH): March 30 – May 29, 2026

Monday, March 30	Spring Session Begins
Sunday, April 5	Rootz Closed
Saturday, May 16	Rootz Closed
Sunday, May 17	Rootz Closed
Monday, May 25	Rootz Closed
Friday, May 29	Rootz Spring Session Ends

APRIL						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



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DF = Deerfield | VH = Vernon Hills